

Ashley Paul

PERSONAL CARE ASSISTANT

123-456-7890
username@email.com

Work Experience

Personal Care Assistant

*Sandy Pines Residential Care,
2019 - Present*

- Perform household chores such as washing clothes and dishes.
- Serve meals and administer medications.
- Serve residents in a safe environment to promote long-term recovery.
- Partner with leadership team to establish and maintain a therapeutic environment for our residents.

Community Health Worker

McQueen Health, 2016-2019

- Helped patients develop health management plans and goals through assessment tools to identify individual patient needs.
- Coached patients in effective management of their chronic health conditions and self-care habits.
- Worked effectively with people from diverse backgrounds in reducing cultural and socio-economic barriers for patients.
- Continuously expanded knowledge of community resources, services, and programs.

Skills

- ✓ Conflict Resolution
- ✓ Compassionate
- ✓ Documentation Accuracy
- ✓ Team Collaboration
- ✓ Multi-Agency Coordination
- ✓ Risk Management & Mitigation

Education

Horry-Georgetown Technical College

*Human Services, Associate in Applied Science
2022-2024*

Volunteer Work

- Shepherd's Table
- C.A.P. (Churches Assisting People)
- Myrtle Beach VA Clinic

Qualifications

CPR Certified, American Red Cross, 2023